



# *Little Flower Catholic School*

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February 18, 2010

Dear Parents,

Happy Thursday to you! As a student, I remember going around the classroom and proudly announcing what we were "giving up" for Lent. After a week of giving up chocolate or soda, we would begin to complain and whine about what we were missing. What I didn't realize is that fasting is a form of prayer. Together as a family, help each other choose something to fast from this Lent. Consider fasting from your cell phone or Facebook, or give up a favorite food or drink. Your child can give up a hand held game or playing on the computer. While deprivation can help us grow stronger in our faith, consider adding something to your life during this season in addition to your fasting. Can you pray more as a family or attend Church more frequently? Consider giving each family member a compliment each day, read/study a section of the Bible together, or volunteer in the local community. As we begin this Lenten season, let us promise to pray for each other and ask God to help us stay strong as we commit to changing our hearts and turning away from sin.

Congratulations to Katelyn and Cassidy Smith who will celebrate the Rite of Sending on Saturday at the Cathedral. They both are working hard to learn more about their faith and are eager to become full members of our Catholic Church. Their mom, Shannon, is also in RCIA and all will celebrate together at Easter. Our prayers are with your family.

Thanks to your generosity, we are beginning to work on our School Board sponsored playground improvement project. Thank you to Mike Coady and crew for patching our parking lot! Our car tires thank you! We are now ready to begin ordering mulch and digging out a long jump pit for our track season!

As we begin the budgeting process, it is our goal to keep tuition affordable for all families. We will let you know the 2010-2011 tuition as soon as a decision is made, so you can also plan your budget for the upcoming year. Please know that tuition assistance forms are now available. You may pick one up in the office or call us and we will send one home with your child. Another convenient option is to file online at [www.factstuitionaid.com](http://www.factstuitionaid.com). The form must be filed by May 1, 2010 in order to be considered for assistance.

Little Flower School is special because of the countless volunteers that help out in so many ways. Getting involved is one way to build relationships with the other families and staff members. It demonstrates the true meaning of giving time and talent to your school. Two ways that you can get involved is to become a School Board Member or a PTC officer. We will officially announce membership opportunities in April for our School Board, but feel free to call the school office for more information. Our PTC is also looking for leaders. Please call the office at your earliest convenience as I would like to set up a meeting in early March with those interested in our PTC. Thank you in advance for your help!

I think that is it for this week. Pray that our Open House for new families is successful on Tuesday night and for our 2<sup>nd</sup> graders who will celebrate their First Reconciliation next Thursday at 7:00 p.m. Have a great weekend and don't forget to attend Mass with your family.

Peace,

Carissa L. Cantrell  
Principal

## Thank you to...

- Matt Goldasich and family, Dan Hall and family, Gary Johnson and family, Mike Coady and family, Byron and Sara Pempek and family for your help cleaning the gym each Sunday and Monday. We do appreciate the hard work!
- Michelle Swift and Dawn Henning for your help in organizing our movie night! Thanks to the PTC for door prizes and concessions!

## Fundraising News

- **Scrip** is available in the office each day. Purchase early in the week for a greater selection or fill out an order form and turn in to the office.
- **Use Good Search as your browser and earn money for our school!**
- **We need your help selling Raffle Tickets! It is not too early to begin selling! Have you asked your doctor? Your UPS driver? Your insurance agent?**

## News from the Cafeteria

- Tickets are sold daily in the office. 10 Meal Ticket: \$20.00 and 20 Meal Ticket: \$40.00.
- Lunch/Recess volunteers are always appreciated! Please check in at the office.
- Extra Milk is .30

### **Lunch Menu for February 22-26** (Milk is served with each meal)

Monday: Chili, Oyster Crackers, Veggie Sticks, Fruit

Tuesday: Chicken Tenders, Mashed Potatoes and Gravy, Green Beans, Hot Roll, Fruit

Wednesday: Hot Dog on a Bun, Baked Beans, Fruit

Thursday: Hamburger Horseshoe, Cheese Sauce, French Fries, Fruit

Friday: Fish Sticks, Macaroni and Cheese, Veggie Sticks, Fruit

## Sports and Other News

- Check out our sports page...[LFSSSPORTS.com](http://LFSSSPORTS.com)!
- Are you interested in coaching next year? Please call the office for more information.

## Dates to Remember

- February 23: Open House, 6:30-8:00
- February 25: First Reconciliation, 7:00 p.m.
- March 1-March 15: School Registration for 2010-2011

All School Mass: Wednesdays at 8:15 a.m.

Fridays during Lent: Men's Club Fish Fry (Dine in or Drive thru!)

Saturday Mass: 4:30 p.m.

Sunday Mass: 8:00 a.m. and 10:00 a.m.